

Place
Postage
Stamp Here

American Lung Association of Utah
1930 South 1100 East
Salt Lake City, UT 84106



In Their Words

"I learned a lot in Asthma 101. The education part was one of my favorites. I enjoyed all the activities, especially swimming, education, outdoor camp, and canoeing. The food was good and the people were really helpful. I wouldn't change a thing and I'm sorry I can only go one more year because of my age. I wished I had known earlier about asthma camp."

Heather, Age 12

"I liked Camp Wyatt because swimming, rock wall, and education (Tim was funny). I learned that just because I have asthma I don't have to stop playing sports. I can do anything a normal kid can do. As long as I take my medicines I'll be OK. Everybody should understand that a kid with asthma is just like a normal kid."

Heather, age 9

"If I hadn't gone, I wouldn't have learned about my peak flow. If I didn't know about my peak flow, I wouldn't know if my asthma was controlled, if I need to be alert, or if I needed to take my medicine fast."

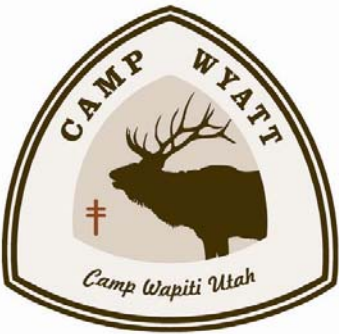
I liked learning about "living large" with my asthma. When I'm living large, I can run, ride my bike, play soccer, play four-square, play anything. I know I'm living large when my peak flow is green.

Camp Wyatt helped me learn how my medicine helps me and what's in my medicine. Now I don't argue with my mom about taking my medicine."

William, age 11

Non-profit
Organization
US POSTAGE PAID
Salt Lake City, UT
Permit No. 567

American Lung Association of Utah
1930 South 1100 East
Salt Lake City, UT 84106



Summer Camp for Kids with Asthma



 **AMERICAN
LUNG
ASSOCIATION®**
100 YEARS • 1904-2004

*"Improving Life, One
Breath at a Time"*

Camp Wyatt

Summer camp for kids
with asthma

For one week each July, the American Lung Association of Utah provides a camp experience to kids with asthma, ages 8-12. In this setting they learn how to better manage their asthma.



The Time of Their Life

For most kids with asthma, asthma is their life. At Camp Wyatt, life becomes fun while learning about their lungs and their disease in the company of others who deal with the same issues that come in living with asthma. Campers discover they are not the only one with asthma. They make friends with kids who face the same challenges and develop lasting friendships.

24 Hour Medical Care

Because of the unpredictability of asthma, many parents are afraid to leave their child over night with friends or babysitters. Parents are consumed by the 24-hour watch of a child with asthma. At Camp Wyatt, the medical needs of a child are a priority. Parents can relax knowing their child is in the care of medical professionals at all times.



Education

Amid the fun and games our staff teach the kids about normal lungs and what happens during an asthma attack. Kids learn how to detect the warning signs of an asthma attack, how to recognize personal triggers and the proper use of medication. They learn to take responsibility for their own asthma.

Affordable for Everyone

We want camp to be affordable for every child that needs the chance to come. The cost of one session includes housing, food, camp t-shirt, craft supplies and other basic needs. No child will be turned away for financial reasons. Camperships are available for those who are unable to pay the full price. Campership requests should be submitted in writing with the Camper application.



Be a Volunteer

Would you like to spend a week of your summer having fun with the kids at Camp Wyatt? Call the American Lung Association of Utah and tell them you want to be a counselor, camp cook, lifeguard, camp medical staff or help in some other capacity. It'll be the best week of your summer and an experience you'll never forget!



Camp Wapiti

/WAA pi tee/- Shawnee Indian word for Elk

Camp Wyatt is held at **Camp Wapiti**, a facility located just outside of Tooele City. This beautiful facility was built and is maintained by the **Utah Elks Organization**. Our thanks to them, and to all those who support them, for providing such a wonderful facility.

Thank You!

Our Thanks to those private foundations whose support help keep Camp Wyatt available at an affordable cost. If you are interested in financially supporting Camp



For More Information:

Phone: 801-484-4456

1-800-LUNG-USA

Email: info@utahlung.org

Website: www.utahlung.org

Or fill out & mail the form below

Please Send Me . . .

- ☐ Camper Application
- ☐ Volunteer Application
- ☐ Information on becoming a Camp Sponsor

Legal Guardian

Child(ren) Name(s)

Age of Child(ren)

Email Address

Phone

Address